

Havasu Community Health Foundation Programs and Social Services

The Mission of the Havasu Community Health Foundation is to operate as a charitable foundation of caring individuals and professionals dedicated to the better health and wellness of the Lake Havasu community by facilitating and coordinating appropriate health-related programs, activities, and Social Service needs within our community. The Havasu Community Health Foundation is an IRS-qualified 501(c)(3) public charity.

Arizona Tax Credit

Arizona residents can redirect a portion of their state taxes to support HCHF through the Arizona Charitable Tax Credit. Your contribution to this campaign helps fund our Food Bank and Veterans' Health Awareness initiatives — at no additional cost to you beyond what you already owe in state taxes.

Programs and Social Services

#YOUmatter; Suicide Awareness

Support individuals and families impacted by mental health challenges and suicide loss. Because of your generosity, we can continue offering vital support groups, community outreach, and compassionate resources to those navigating grief and healing. Individualized support is offered when needed.

Back-to-School Health Fair

At this fair, the Havasu Community Health Foundation offers health and wellness family education, immunizations, exams, and sports physicals for all local school-age children. We offer an annual one-stop opportunity to provide healthcare services and prepare the students for back-to-school.

Cancer Association of Havasu

We provide a variety of low-cost cancer screenings,

- Our wig program will pay the first \$100.00 for the wig of your choice.
- Hydrotherapy for cancer patients undergoing treatment or survivors within two years of last treatment.
- Individualized support for individuals navigating a cancer diagnosis.

Community Relief Team

We are proud to be part of the Lake Havasu Community Relief Team, where we work with local community agencies to support those facing unexpected financial hardship. Through the Community Relief Fund, we can provide essential aid and emergency support when residents need it most.

Dementia Connection of Havasu

Our Dementia team provides critical support and resources to individuals, families, and caregivers navigating dementia and Alzheimer's disease. Through local programs like our Support Groups, Memory Café, and Virtual Dementia Tours, we foster understanding, compassion, and community connection.

- [Dementia Connection](#) - Provides education, resources, and support to individuals, loved ones, caregivers, and professionals affected by Alzheimer's and other dementias in our community.
- [Alzheimer's Virtual Dementia Tour](#) – A monthly tour, serving individuals, families, hospitals, home care centers, and assisted living centers. The tour is designed to measure your caregivers' ability to engage positively with those living with cognitive impairments. This 30-minute tour will help you instill hope in professional and family caregivers, giving them a tool to move from sympathy to empathy and better understand the behaviors and needs of their loved ones and patients. Appointments are required; please call (928) 453-8190

 Freedom Village Veterans'
COMING SOON!

 HCHF Food Bank

Our support directly impacts individuals and families in our community who are facing food insecurity. Thanks to your kindness, we can keep our shelves stocked and ensure fresh, nutritious food is available to those who need it most. Over the past few years, we have distributed over 1 million pounds of food to our Lake Havasu residents in need.

- **Our Van Go** Program provides a home delivery team of volunteers who work every Wednesday to package the grocery delivery boxes with fresh food and take the essential groceries to food-insecure seniors who have no transportation and to homebound disabled residents throughout Lake Havasu City.

 Health & Wellness 101

The Havasu Community Health Foundation continues to meet our goal of promoting comprehensive health-related information, programs, and education to our rural population in Lake Havasu City and our surrounding area in Mohave County by offering, free of charge, “Health & Wellness 101,” a year-round health-related and fitness program that is instructed by Doctors or Professionals within our community.

 Low-Cost Labs & Screening

Early detection saves lives. Our Labs & Screening program offers low-cost labs & screenings, lab work, diagnostic imaging, and general health screenings to uninsured and underinsured community members. Your donation directly subsidizes the cost of these essential services for those who need them most.

 Parkinson's Strong & Steady

Our Parkinson's Program supports individuals and families in the Lake Havasu area who are navigating Parkinson's disease. Contributions like yours help fund wellness initiatives, support groups, mobility resources, and community programs designed to empower participants and promote strength, balance, and independence.

 Stroke Support

This program provides hope after stroke with ongoing education on understanding stroke and recovery, and support for stroke survivors, their families, and our broader community. Thanks to your kindness, we can expand critical prevention initiatives, provide vital rehabilitation and support resources, and offer essential guidance to individuals navigating post-stroke recovery.

 Veterans' Transitional Housing

The Havasu Community Health Foundation provides supportive housing and independent living for Veterans at risk of becoming homeless. We are pleased to be working with the Department of Housing and Urban Development to provide affordable housing, utilities, and grocery delivery for senior Veterans who are disabled or without transportation. Our program is designed to improve the quality of life for local Veterans.

 Veterans' Alumni Association

The goals of the Veterans' Alumni Association are to continue friendships after their obligation to the court and after graduating from the Lake Havasu City Veterans' Treatment Court.

 Veterans' Backpack Program

Your donation stays right here in Lake Havasu City to provide local veterans in need with essential supplies, personal care items, and support resources. For many of our area veterans, these backpacks offer not only immediate practical relief, but also a meaningful reminder that their service and sacrifices are honored by our community.

 Veterans' Health Awareness

Your support directly impacts local veterans by providing critical housing assistance for homeless veterans, essential transportation, and access to necessary health services in our community. Because of your kindness, we can expand our reach and ensure our local veterans receive the care and honor they deserve.

 Veterans' Stonebridge Coffee Time

Your contribution stays directly in Lake Havasu City, helping us maintain a welcoming space where local veterans can connect, share camaraderie, and access important community resources. Gatherings like our Stonebridge Coffeetime provide a supportive environment that honors our veterans' service and fosters lasting connections.

- Stonebridge Veterans' Relief & Recovery and Housing Support

 Veterans' Transportation "The General"

In 2018, the Havasu Community Health Foundation established the Veterans' Transportation Program. Dave facilitates this very successful program, where Veterans in the Treatment Court can call for a ride to court, lab testing, and counseling.